

Are you at a turning point in your life or career? Maybe you've been pushed into change by a situation beyond your control. Or maybe you've had a growing sense of uneasiness that is magnified by a physical ailment or lack of mental energy.

I know what it's like. I have gone through many transitions in my own life, reinventing myself by necessity and by choice. I've felt sad, terrified, lost – and also excited about finding a new path through life.

Being a career coach is the work I was meant to do. I use my knowledge and experience in human resources and workplace learning to help people navigate through change. I love learning about innovative approaches and finding new resources. I meet fascinating people all the time. My clients inspire me with their courage and their enthusiasm. My peers in the coaching field share their great ideas. My business contacts are generous and supportive. And, I love using my interviewing and writing skills to help my clients express themselves.

But for years I didn't fit in to conventional career choices. Nothing 'jumped out' at me as a vocation or calling. I knew I was organized and detail-oriented and liked to help people, but as a generalist, I couldn't pick something that I wanted to make a career out of.

Turning points in my life forced me to get a new perspective on these vague feelings.

Gradually I inched towards a career that felt more like 'me.' It has taken me many career moves to recognize my strengths and how to use them to make a living.

All of these turning points required strong decision-making. They also unleashed a range of powerful emotions that took me by surprise.

You too can make changes that will connect you with your inner dreams and desires. And you don't have to do it alone. I hope you'll join us in this exciting new venture,

TurningPoint. Please check back often in the coming months as I'll be posting regularly on this site about positive career change. We will help you face your future with hope and confidence.