

Tim Cork

## Vision...the Power of Sight

*“It is a terrible thing to see and have no vision.”*

*- Helen Keller*

In life you need to think about where you are and where you want to be. The want to be part represents your dreams and is the basis of your vision. Your vision is where you want to go, your destination. You must have clarity and focus in your vision. The clearer your vision, the more successful you will be. All great and successful people are big visionaries and dreamers. The more successful you are, the bigger the dreams. To get where you want and what you want, you must visualize those destinations and achievements and things in every area of your life.

**As the saying goes, eyes that look are common; eyes that see are rare.**

Nelson Mandela knew the power of vision. That's the only thing that kept him going during his 27-year imprisonment. He has written at length about how visualization helped him maintain his sanity and positive attitude. “Over and over, I fantasized about what I would like to do,” he said. “I thought continually of the day I would be free.”

You should share your vision with people so you can obtain support for your vision. Write your vision down to make it real. Create a vision board with pictures on what you want to be, see, do and have and keep it somewhere on a wall that you see it every day as a reminder of what you want and what's possible. The power of visualization is in how your brain comes to accept what you visualize and begins to believe it to be a reality – and then begins to make it happen. Research continually shows that when we are much more successful in completing our goals and tasks when we visualize. You can't hit a target you can't see.

What's your vision?