

## TurningPoint Tip Lee Wiesser

### A lifeline for your career

Career search can be a very lonely experience. Day after day you must open yourself up to strangers, only to be told you're not good enough. Even if you're thick-skinned, the process can wear you down and make you doubt yourself and your abilities.

But, thankfully, there is a solution. My friends and clients continually inspire me and show me the way to overcome feelings of isolation. I have an out-of-work friend who volunteers with a pet rescue service, and another friend who gives her time and expertise to non-profits. When we give to a cause we are passionate about, we find purpose and fulfillment. The loneliness lifts. And we find ourselves in a much better frame of mind to find paying work.

“And now here is my secret, a very simple secret; it is only with the heart that one can see rightly, what is essential is invisible to the eye.” –  
Antoine de Saint-Exupéry in *Le Petit Prince*.

Put your heart into finding the work you are meant to do:

1. Open your heart to everyone you meet. You never know how they might link you with someone who can help you find an opportunity.
2. When you meet new people, share your own expertise in a generous fashion. Offer to connect them with people you know. You will reap what you sow.
3. Be patient with yourself and the job search process. Life unfolds in spite of our worrying.

Go ahead! Put your heart into your career search and enjoy the adventure!